












**EXPLORE GIPPSLAND**  
ADVENTURE RACE

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# 30hr Course notes

<p><b>Leg 1</b></p> <p><b>Discipline</b> Bike</p> <p><b>Distance</b> 18km</p> <p><b>Climb</b> 800m</p> <p><b>Maps</b> 1,4</p>  <p><b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box A</p>	<p><b>CP's 1-5 then to TA1</b></p> <p>You must cross under the Walhalla Road near Thomson Station. Take care to avoid tourists, railway trains and staff at this point.</p> <p>Dismount bikes at gate, then run/walk bikes until past the railway station. Remount when safe to do so at the indicated sign.</p> <p>Take care of tourists at Coopers Creek Camping Ground when crossing river.</p> <p>Look for staff instructions when turning onto main road in Walhalla. You may be instructed to stop and wait for traffic.</p> <p>Bike shoes can be left attached to bikes. Helmets are required on the next leg.</p>
<p><b>Leg 2</b></p> <p><b>Discipline</b> Trek</p> <p><b>Distance</b> 7</p> <p><b>Climb</b> 100m</p> <p><b>Maps</b> 2,1</p>  <p><b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box B Paddle Bag</p>	<p><b>Orienteering CP's 95-99 in any order then procede to CP's 6, 7, TA2.</b></p> <p>Helmets must be worn. Full fingered gloves recommended.</p> <p>No control flags at CPS's 95-99 - Must answer question based on information sign</p> <p>Teams may split for the Orienteering Leg.</p> <p>After CP6 follow pink streamers to enter Stringers Creek.</p> <p>Must not cross Walhalla Road - Use the tunnel. When you enter Stringers Creek, you need to stay in the valley until reaching Thomson River.</p> <p>Must not cross railway line or any marking tape.</p> <p>Cross Thomson River to TA – Do not use road or railway bridge.</p>
<p><b>Leg 3</b></p> <p><b>Discipline</b> Packraft</p> <p><b>Distance</b> 25km</p> <p><b>Climb</b></p> <p><b>Maps</b> 0 3,4</p>  <p><b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b></p>	<p><b>CP's 8</b></p> <p>Follow the signs and marking tape to help navigate some difficult rapids.</p> <p>DO NOT ATTEMPT TO PADDLE THE HORSESHOE TUNNEL.</p> <p>After CP8 there is no marking so need to be more aware.</p> <p>There is not marker at the take out spot on the river- navigate carefully!</p>
<p><b>Leg 4</b></p> <p><b>Discipline</b> Trek</p> <p><b>Distance</b> 12</p> <p><b>Climb</b> 1500m</p> <p><b>Maps</b> 3,4</p>  <p><b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box A Box B Paddle Bag</p>	<p><b>CP's 9, 10,11 (Short course 2)</b></p> <p>If you finish Packrafting before dark you may continue to CP9 and 10. If you finish after dark (18:00), collect CP X before moving to CP 11 and TA4.</p> <p>Forest regrowth in parts is very difficult and tracks may be overgrown.</p>
<p><b>Leg 5</b></p> <p><b>Discipline</b> Bike</p> <p><b>Distance</b> 44km</p> <p><b>Climb</b> 1600m</p> <p><b>Maps</b> 4,3</p>  <p><b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box A</p>	<p><b>CP's 12, 13, 14, A, B, C</b></p> <p>There are 3 optional CP's worth (3 points each) on this leg, and a cut-off time at CP14 at 6am. After this time teams must progress straight from CP 14 to TA5.</p>
<p><b>Leg 6</b></p> <p><b>Discipline</b> Trek</p> <p><b>Distance</b> 3</p> <p><b>Climb</b> 100m</p> <p><b>Maps</b> 1or3</p>  <p><b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box B Paddle Bag</p>	<p><b>OPTIONAL CP D (1pt)</b></p> <p>Procede to TA6</p> <p>Do not use Walhalla Road (marked in Pink)</p>

<b>Leg</b> 7 	<b>Discipline</b> Packraft	<b>Distance</b> 20km Fastest estimate Slowest estimate	<b>Climb</b> 1200m	<b>Maps</b> 5 6hrs	<b>Packraft Rogaine</b> <b>OPTIONAL TREKKING CP's E, F, G, H, I, J, L, M, N, O, P - 1 point each</b> <b>OPTIONAL PACKRAFT CP's Q, K (only accessed via river) – 6 points each</b> River access points are at TA6, Thomson Bridge, or at CP L (from either side of river) Packraft Mandatory Equipment is not needed during trekking CP's, however leave it at your own risk. No access across Thomson River on Walhalla Road Do not cross or use Walhalla Road (in pink)
<b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box B Paddle Bag					
<b>Leg</b> 8 	<b>Discipline</b> Trek	<b>Distance</b> 3 Fastest estimate Slowest estimate	<b>Climb</b> 150m	<b>Maps</b> 1or3 0.5hrs 1hr	<b>OPTIONAL CP D (1pt)</b> Do not use Walhalla Road (marked in Pink)
<b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Box A					
<b>Leg</b> 9 	<b>Discipline</b> Bike	<b>Distance</b> 23km Fastest estimate Slowest estimate	<b>Climb</b> 750m	<b>Maps</b> 1,6 2.5hrs 1hr	<b>CP's 15, 16, 17</b> <b>OPTIONAL CP's R, S, T, U, V, W, X, Z (1 point each)</b> Minimum (riding straight from from TA5 - 60-90mins Do not use Walhalla Road (marked in Pink) Must report to official at CP 16 before crossing the road  <b>FINISH TIME 12pm. Lose 10 bonus points per minute past 12pm.</b>
<b>END LEG TEAM LOGISTICS &amp; EQUIPMENT</b> Finish					

**Control Descriptions**

1 – Gully- Sth side of track	D – Saddle, Top of cliff
2 – Old Ruin	E – Creek
3 - inside old mine, East of track	F – Creek junction
4 – knoll, 20m SE of track	G - Saddle
5 – Ruin- East side	H - Spur
6 - Small Rockface	I – knoll
7 – Small shelter	J – Creek, 20m North of track
8 – North side of river bank (manned)	K – Large fallen tree – West side of river
9 – Knoll north side of track junction	L – tree, nth side river bank
10 – Creek Junction	M – Bottom small waterfall
11 – Boulder, N side of small track	N – Creek
12- Track Junction	O – Saddle
13- Saddle 20m SEast of track	P – Mine (be careful!)
14- Knoll, 20m SE of track	Q –Mullock heap near mine
15- Down embankment, West of Rail Trail	R – Sth Side Large Stump
16- Road Crossing – see official at car	S – Creek
17- Down embankment, West of Rail Trail	T – 10m N of track bend
A – Top of hill	U – Small Spur
B – 20m E of Track Junction	V- Broad Spur, 20m Sth of Track Jnc
C – Creek, 20m upstream of track	W – Top of embankment
	X – Between tracks
	Z- Knoll- north side of track