








EXPLORE GIPPSLAND
ADVENTURE RACE

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13hr Course notes

<p>Leg 1</p> <p>Discipline Bike</p> <p>Distance 18km</p> <p>Climb 800m</p> <p>Maps 1,insert</p>  <p>Fastest estimate 1.5hrs Slowest estimate 3hrs</p> <p>END LEG TEAM LOGISTICS & EQUIPMENT Box A</p>	<p>CP's 1-5 then to TA1</p> <p>You must cross under the Walhalla Road near Thomson Station. Take care to avoid tourists, railway trains and staff at this point.</p> <p>Dismount bikes at gate, then run/walk bikes until past the railway station. Remount when safe to do so at the indicated sign.</p> <p>Take care of tourists at Coopers Creek Camping Ground when crossing river.</p> <p>Look for staff instructions when turning onto main road in Walhalla. You may be instructed to stop and wait for traffic.</p> <p>Bike shoes can be left attached to bikes. Helmets are required on the next leg.</p>
<p>Leg 2</p> <p>Discipline Trek</p> <p>Distance 7</p> <p>Climb 100m</p> <p>Maps 2,1</p>  <p>Fastest estimate 1.5hrs Slowest estimate 3hrs</p> <p>END LEG TEAM LOGISTICS & EQUIPMENT Box B Paddle Bag</p>	<p>Orienteering CP's 95-99 in any order then proceed to CP's 6, 7, TA2.</p> <p>Helmets must be worn. Full fingered gloves recommended.</p> <p>No control flags at CP's 95-99 - Must answer question based on information sign at the marked location. Please very careful when crossing roads and where tourists may be.</p> <p>Teams may split for the Orienteering Leg.</p> <p>After CP6 follow pink streamers to enter Stringers Creek.</p> <p>Must not cross Walhalla Road - Use the tunnel. When you enter Stringers Creek, you need to stay in the valley until reaching Thomson River.</p> <p>Must not cross railway line or any marking tape.</p> <p>Cross Thomson River to TA – Do not use road or railway bridge.</p>
<p>Leg 3</p> <p>Discipline Kayak</p> <p>Distance 14km</p> <p>Climb 0</p> <p>Maps 3,4</p>  <p>Fastest estimate 4hrs Slowest estimate 8hrs</p> <p>END LEG TEAM LOGISTICS & EQUIPMENT Box B Paddle Bag</p>	<p>No CP's , paddle to TA3</p> <p>Follow the signs and marking tape to help navigate some difficult rapids.</p> <p>DO NOT ATTEMPT TO PADDLE THE HORSESHOE TUNNEL.</p>
<p>Leg 4</p> <p>Discipline Trek</p> <p>Distance 10km</p> <p>Climb 1000m</p> <p>Maps 3,4</p>  <p>Fastest estimate 4hrs Slowest estimate 7hrs</p> <p>END LEG TEAM LOGISTICS & EQUIPMENT Box A</p>	<p>Trek to TA 5 (no TA4 on 13hr course)</p> <p>Collect CP's 9,10,11,12</p>
<p>Leg 5</p> <p>Discipline Bike</p> <p>Distance 15km</p> <p>Climb 400m</p> <p>Maps 3,4</p>  <p>Fastest estimate 2.5hrs Slowest estimate 1hr</p> <p>END LEG TEAM LOGISTICS & EQUIPMENT Finish</p>	<p>CP's 15, 16, 17</p> <p>Do not use Walhalla Road (marked in Pink)</p> <p>Continue to W, S, T, R, Q, U, then to FINISH at ERICA CARAVAN PARK</p> <p>Must report to official at CP 16 before crossing the road</p>